



2023-2024

Visual Arts Teacher: Gianna Petrino

SEL (Social Emotional Learning) in Art

Goal: Each month, one grade level will have a dedicated lesson and project that aligns with School 5's SOTM SEL skill and focus assigned to that given month. The project will be displayed across from the main office in the dedicated SEL space and around the SOTM board in the upper hallway. The duration of the project will be one to two weeks. Various mediums will be used to create visual representations of the monthly skill/focus. Students, along with the teacher, will discuss the meaning and significance of the skill/focus and be provided with a visual representation.

September: Growth Mindset and Power of Yet (Grade 4)

The belief that you can improve

Art Project: "The Symbolic Mind"



October: Power of Yet (Grade 5)

Belief that you can improve

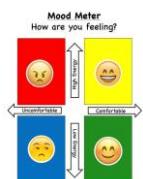
Art Project: "Yet" Poster



November: Mood Meter (Kindergarten)

Tool used to identify emotions using energy levels and pleasantness that enhances self and social awareness.

Art Project: "Emotion Meter Emojis"



December: Empathy (Grade 2)

Feeling how another person is feeling and imagining what it would be like to be in another's position.

Art Project: “I Stand in Your Shoes”



January: Best-Self (Grade 6- JWuestenhoefer)

Recognizing your best characteristics as your “best-self” – the ideal self you want to be; the person you are when your actions align with your values

Art Project: “When are You Your Best Self?” A self portrait



February: Flexibility (Grade 5)

Seeing and trying many actions within a task. When one thing does not work, it is okay. I will try a different way.

Art Project: “Yoga Pose Drawing”



March: Persistence (Grade 3)

Sticking with something even when it is challenging. Having persistence means I try and try again even when it feels hard.

Art Project: “Climbing the Mountain”



April: Meta Moment (Grade 8)

Provides a process for responding to emotional situations with strategies that align with one's best self. Taking slow deep breaths when overwhelmed, pausing, calming body, choosing an alternative approach to a problem/situation

Art Project: “Meditative Zentangle Illustration”



May: Resilience (Grade 1)

Bouncing back and recovering from setbacks or failures.

Art Project: “Subject/Character Movement (Bouncing)”



June: Optimism (Pre-Kindergarten)

Feeling hopeful that risks are worth taking and that problems will work themselves out.

Art Project: “Mosaic Sun Collage”

